

## Thalassemia and Sickle Cell Society



### Amrutha's Jouney Through Thalassemia

By Dr Padma and Mrs Priyadarshini

In the serene landscapes of Suryapet district, Siddaiah and Padma built their home, finding solace in the simplicity of rural life. With the arrival of Vandana, their firstborn, their world brimmed with parental joy. However, fate had a different plan as the couple's resilience was tested when Padma experienced the heart-wrenching loss of a miscarriage during her second conception. Yet, amidst the sorrow, a spark of hope ignited as Padma conceived once more. The birth of Amrutha brought renewed happiness, but it was soon eclipsed by Amrutha's ailing health.



As Amrutha grew weaker, Siddaiah and Padma turned to medical professionals for answers. Dr. Raghava Rao, a compassionate pediatrician, initiated treatment, but the road to recovery seemed elusive. Their journey for clarity led them to Dr. Venkateshwara Rao in Khammam, whose diagnosis of dangerously low hemoglobin levels unveiled the severity of Amrutha's condition.

With each passing day, Amrutha's strength waned, prompting her parents to seek further medical intervention. Life-saving blood transfusions became a lifeline, with Siddaiah and Amrutha's uncle selflessly donating to sustain her fragile life. Yet, amidst the tumult of treatments, a new complication arose—a hole in Amrutha's heart—a revelation that added another layer of complexity to their battle against thalassemia.

Dr. Ramana Dandamudi's expertise finally provided clarity, confirming the diagnosis and guiding the family towards understanding and treatment. The Thalassemia and Sickle Society became a beacon of support, offering invaluable guidance and counselling as they navigated the challenges ahead.



Amrutha's spirit remained unbroken, her determination unwavering despite the hurdles she faced. With aspirations to one day serve others as a doctor, she found solace in the possibility of turning her own struggles into a source of compassion and healing for others.

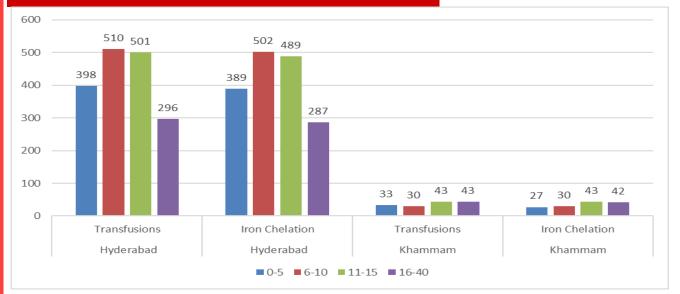
The search for a suitable bone marrow donor proved to be a daunting task, yet Amrutha's resolve remained steadfast. Opting for a haploidentical bone marrow transplant showcased her unwavering commitment to reclaiming her health and fulfilling her dreams.

As Amrutha's journey with thalassemia continues, her story stands as a testament to the resilience of the human spirit. Through her unwavering optimism and determination, she illuminates the path of hope and inspiration for all who face adversity.





### **Transfusion Details**



Total number of Blood Transfusions for the month of April 2024 including all patients group were 1705 (Hyderabad) and 149 (Khammam) & a total of 1885 and 164 units of blood provided to patients in respective centres

<b>HPLC</b> at Society	CVS referred to CDFD	New registrations	Splenectomy
1058`	-	28 (24 @ Hyderabad & 04 @ Khammam)	-

1050 Antenatal women were screened for Thalassemia and Sickle cell anemia carrier status from Government Maternity Hospital, Petlaburj (243), Mahabubnagar PHCs (807) of which

### **BLOOD BANK**

S.No	Particulars	
1	Sensitization Programmers Organized	35
2	Total No of Blood Donation Camps	28
3	Blood Collection Camps and In-house	2877
4	Thalassemic & General Free Issues	1904
5	General Paid Issues	46



# **Donations**

Mo	Monthly Donors For April 2024				
1	Murali K Siripurapu	14	Giving Foundation		
2	Shrinath Rotopack Pvt Ltd	15	Sri Mahalaxmi Jewellers		
3	Manna Trust	16	Aim Asia		
4	Prasanth	17	Sri Nava Durga Billets Pvt Ltd		
5	Supreme Agencies	18	Blend Colours Pvt Ltd		
6	Srikanth Gullapalli	19	SPP Poly Pack Pvt Ltd		
7	Mansoor Vail Mohammed Bhimani	20	Sri Krishna Jewellery Mart		
8	Deccan Switch Gears	21	Smt Banarsai Bai		
9	Dr. C. Anupama Reddy	22	A S Iron & Steel		
10	Ch. Shashidar Reddy	23	Lohiya Edible Oils Pvt Ltd		
11	V Balveeraiah & Sons	24	D Srinivas		
12	Sreyas Holistic Remedies Pvt Ltd	25	Helping Hand Foundation		
13	Hariom Pipe Industries Ltd	26	Dilipe		

### **NEWS & EVENTS**

Continuous Medical Education (CME) on "THALASSEMIA FREE TELANGANA" "THALASSEMIA PREVENTION -A PRICK AWAY" For Gynecologists and Obstetricians





Regular Interaction programme with patients and parents on 27 Apr 2024 at our society





#### WORLD THALASSEMIA DAY

May 8, 2024, marks International Thalassaemia Day. The theme of the event this year is "Empowering Lives, Embracing Progress: Equitable and Accessible Thalassaemia Treatment for All."

Overview: World Thalassemia Day is celebrated annually on the 8th of May, with the aim of commemorating thalassemia patients who died as a result of the disease and encouraging those who are still alive and struggling with it daily. Objectives: Awareness of thalassemia, its symptoms, and ways to live with it.

Panos Englezos, President and Founder of Thalassemia International Federation created this day in 1994 in the memory of his son George and other Thalassemia patients who fought the disease bravely. Since then, every year, World Thalassemia Day is celebrated on May 8.

On this day, organizations and communities around the world organize workshops and programs to raise awareness about the disorder and explore potential treatment options.

World Thalassaemia Day is devoted to raising awareness amongst the general public and decision-makers about thalassaemia, promoting and strengthening the lifelong and difficult struggle of patients against this severe blood disease, and commemorating all

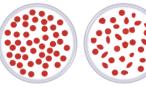
the people who are no longer with us, while renewing our promise to keep fighting until the final cure for thalassaemia is found.

Primary prevention for thalassemia focuses on education and genetic counseling. These measures can help to prevent the birth of patients with thalassemia.





Normal blood



Thalassemia

## Reach us to extend your Help

All donations to Thalassemia and Sickle Cell Society are exempted under section 80G and 35(1)ii (Research only) act of Income Tax Act 1961



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